



# GOLF SCHOOL AT OLDE ATLANTA GOLF CLUB



## REACTIONARY GOLF

**Saturday & Sunday, August 18 & 19**

**\$995.00 per golfer, Alumni & Inside the Golf Lab members \$75 discount**

**Tentative Program - Saturday, 18th**

**8:30am – 9:00am – Review of Reactionary Golf Swing**

**3 Group Rotation – 45 minutes at each station**

- **Full Swing**
- **Perfect Practice Video Station**
- **Short Game Station**

**Lunch**

**On – Course**

**G.A.M.E<sup>2</sup>. Mind Training – 1 Group then split onto different holes**

**Optional Range Work - Increase Club Head Speed Training & Driver Speed Training**

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**Sunday, 19<sup>th</sup> - 8:30am**

**3 Group Rotation – 45 minutes at each station**

- **Full Swing**
- **Perfect Practice Video Station**
- **Short Game Station**

**Lunch**

**Range Work – Iron Proximity Practice & Driver Speed Practice – 45 minutes**

**On – Course Playing Tournament - Shamble**

